

Vidya Vikas Mandal's
Ramacrisna Madeva Salgaoncar Higher Secondary School, Margao.

English Language I

Preliminary Examination-2024

Date-18/01/24

STD XII

Time: 3 hours

Max Marks: 80

Instructions:

- i) The question paper is divided into 4 sections – A, B, C, D. All questions are compulsory.
- ii) Write the number of each question clearly.
- iii) Questions 4 to 13 and 19 to 24 are MCQ type and have four alternatives of which only one is the correct answer. Choose the right answer and write it against the appropriate question number in your answer book.
- iv) Questions 15 to 18, 29, 30 and 35, 36, 38 & 39 have an internal choice.
- v) Do not exceed the prescribed word limit while answering the questions.
- vi) Figures to the right indicate marks.

SECTION A (READING SKILLS)

Read the following passage:

Individuals seeking optimal health frequently turn to natural medicines and holistic techniques to address a variety of issues. According to one wellness claim a precise combination of lemon juice, cayenne pepper, and extra virgin olive oil will "naturally heal the liver. Lemon juice is well-known for its high vitamin C content, cayenne pepper for its metabolism-boosting effects, and extra virgin olive oil for its antioxidants. While each of these components has its own set of health advantages, it is critical to approach the concept of liver healing holistically. Instead of relying primarily on a quick fix, holistic well-being promotes long-term lifestyle adjustments that improve overall health.

Known for its active compound capsaicin, cayenne pepper is believed to have metabolism-boosting properties. It may also support digestion and provide a subtle kick to the concoction. Renowned for its heart-healthy monounsaturated fats and antioxidants, extra virgin olive oil is considered a staple in the Mediterranean diet. The lemon, cayenne pepper, and extra virgin olive oil concoction may be a refreshing addition to your wellness routine, but it's not a miraculous cure. Lemon juice and cayenne pepper, for example, are acidic and may cause problems for persons with sensitive stomachs. Furthermore, abrupt dietary changes might upset the body's balance and nutritional equilibrium. Before beginning any holistic program, it is critical to contact healthcare professionals to address unique health concerns. It's crucial to stay adequately hydrated during the detox period. Water intake should not be neglected, as the body needs sufficient fluids for proper functioning. (250 words
.indianexpress.com/article/lifestyle)

On the basis of your reading of the above passage, answer questions 1, 2 & 3 briefly in about 10-15 words each and questions 4 to 8 by choosing the best alternative from those provided:

- 1 Why are individuals turning to natural medicines? 1
- 2 Which natural medicines heal the liver? 1
- 3 Why should water intake not be neglected? 1

Complete the following sentence by choosing the correct alternative from those given below:

4. Lemon juice and cayenne pepper are _____ 1

- neutral and causes dehydration.
- acidic and may cause problems for persons with sensitive stomachs.
- not refreshing to your wellness routine.
- not metabolism boosters.

Give the meaning of the word in the context of the passage from the alternatives given below.

5. antioxidants 1

- is bad for living
- is a Mediterranean diet
- substance that may prevent or delay cell damage
- is a technique

6. detox 1

- is a good chemical
- eliminating unhealthy substances from the body
- adulterated
- consuming toxic food

The alternatives provided are words from the passage. Select the alternative that best matches the meaning given below:

7. mixture of various elements 1

- equilibrium
- holistic
- concoction
- lifestyle

8. liquid at room temperature and solidifies when chilled 1

- cure
- monosaturated fat
- health advantage
- water intake

Read the following passage carefully:

Coconut water, which is the clear fluid found inside coconuts, is an ideal drink for all seasons. It is slightly sweet and nutty flavour makes it delicious as well. Low in sugar and calories, the drink is rich in electrolytes such as potassium, sodium, and magnesium, which help replenish lost nutrients. Coconut water is more hydrating and a superior alternative to sports drinks post workouts. It increases your electrolytes and aids in faster recovery. High in potassium, magnesium, and phosphorus, it gives your body the nutrients much needed after a workout. It is crucial to replace fluids and electrolytes lost through perspiration after an exercise. While sugary beverages do include water, they also frequently have poor electrolyte levels and high sugar content. Drinking coconut water before exercise lowers the risk of being dehydrated, and doing so afterward is a great method to recuperate and restore electrolytes naturally. It also helps muscles rejuvenate after exercise, which is important for enhancing and maintaining endurance.

Coconut water is generally considered safe for all, however, the expert noted that some people may be allergic to coconuts or have allergic reactions when exposed to coconut water. Additionally, coconut water has natural sugars and a lower glycaemic index, but people with diabetes or those who constantly check their blood sugar levels need to be careful about how much carbohydrates they consume overall, including sugars present in coconut water. It is not advised for those with high blood pressure due to its high sodium content, which may cause the pressure to rise even higher. (250 words, Indianexpress)

On the basis of your reading of the above passage, choose a suitable title and choose the para-wise main topics and sub-topics, from the alternatives provided, using the format given below:

Title: _____ 9 _____

I _____ 10 _____

A _____ 11 _____

II _____ 12 _____

A _____ 13 _____

9. _____

- Low electrolytes drink
- Benefits of Coconut water
- High Blood Pressure
- Dehydrating drink

1

10. _____

- High in sodium levels
- Advantages of coconut water
- Sugary beverage

1

➤ Aids in fast recovery 1
11. _____

- Much needed post workout
- Maintaining endurance
- Low in sugar and calories
- Lowers risk of dehydration

12. _____ 1

- Natural sugar
- Safe for all
- Lowers glycaemic index
- Checks blood sugar

13. _____ 1

- Careful about sugar consumption
- Some people may be allergic
- Method to recuperate
- Lots of carbohydrates

14. Write a summary of the above passage in about 70 words using the topic sentences of the paragraphs. 3

SECTION B (WRITING SKILLS)

Attempt any one of the following: 3

15. The Cultural Club of your school is organising an Inter Class Group Singing Competition. Draft a notice to be displayed on the school notice board giving necessary details. You are Aarti/Aarav Naik, Cultural Secretary of Oxford Higher Secondary School, Panaji. (30-40 words)

OR

You want to sell your Car. Draft an advertisement for the classified columns of a local daily giving necessary details. You are Sidharth/Sonali Kamat, Flat No.7 Green Valley Apartments, Margao, Goa. Email: skamat07@gmail.com (30-40 words)

Attempt any one of the following: 5

16. Recently your school organised a Talk on the topic 'Importance of Segregation of Garbage'. Write a report for your school magazine. You are Chetana/Chetan Kapur, the N.S.S Leader of Vidya Vruksha Higher Secondary School, Canacona. (70-80 words)

OR

You are a Staff Reporter of The Navhind Times. Recently you attended a Book Exhibition at the Kala Academy Panjim. Write a report to be published in the newspaper. (70-80 words)

Attempt any one of the following:

8

17. Lots of Trees have been cut in the name of Development thereby causing climatic changes. Write a letter to the Editor of a local daily explaining the problems that will be caused to the environment. Your name is Sam/Sania . Your address is House No.209, Sea Breeze Colony, Majorda – Goa. (100-150 words)

OR

Loud music must not be played while driving . Write a letter to the Director of Transport, Panaji expressing your views on the same. Your name is Jay/Jaya. Your address Flat no 708, Orchid Apartments, Panjim – Goa. (100-150 words)

18. Write an essay in about 200 – 250 words on any one of the following topics: 10

- Should Students get limited access to Internet?.
- The Famous Personality I admire.
- Importance of Renewable Source Of Energy.
- Sports and Gender differences.
- If I wake up as a world leader , what would be my priorities? ...

SECTION C(GRAMMAR)

Rewrite the sentence by selecting the correct alternative from the options given below each sentence according to the instructions given in the brackets:

19. The Sales Manager _____(to have) successfully_____ (achieve) the target of sales .(To fill in the blanks, select the correct set of alternatives from those provided below and rewrite the sentence.) 1

- had, achieving
- have, achieving
- will, achieve
- had, achieved

20. _____ I have a piece of cake?. 1
(Rewrite the sentence by selecting a modal auxiliary of permission from the alternatives provided below.)

- will
- must
- should
- could

21. I was doing my assignment. 1
(Select the best alternative from those provided below and rewrite the sentence in the Passive Voice.)

- The assignment is been done by me.
- The assignment was being done by me.
- The assignment will be done by me .
- The assignment should be done by me.

22. People are too furious to be controlled. 1
 (Select the best alternative from those provided below and rewrite the sentence by replacing 'too' and using 'so...that')
- People are very furious to be controlled.
 - People were so furious to be not controlled.
 - People are so furious that they cannot be controlled.
 - People are so furious to be controlled.
23. The Motera Stadium is the largest Cricket Stadium. 1
 (Select the best alternative from those provided below and rewrite the sentence using the Positive Degree of Comparison.)
- The Motera Stadium is larger cricket stadium.
 - The Motera Stadium is larger than most cricket stadium.
 - No other cricket stadium is as large as the Motera Stadium.
 - Some other stadium is bigger than Motera Stadium.
24. You won't get paid for time off, if you don't have a doctor's note 1
 (Select the best alternative from those provided below and rewrite the sentence using 'Unless')
- You won't be paid for time off if you won't have a doctor's note.
 - You won't get paid for time off, unless you have a doctor's note .
 - You won't get paid for time off unless you don't have a doctor's note.
 - You won't get paid for time off if unless you don't have a doctor's note.

SECTION D (TEXTUAL)

Read the following stanza carefully and answer the questions that follow by selecting the correct alternative from those given below:

- *The little old house was out with a little new shed
 In front at the edge of the road where the traffic sped,
 A roadside stand that too pathetically pled,
 It would not be fair to say for a dole of bread,*

25. Where was a little new shed situated? 1
26. Name and explain the figure of speech in the third line. 1
- *Perhaps the Earth can teach us
 As when everything seems dead
 And later proves to be alive*
27. What can the Earth teach us? 1
28. Name and explain the figure of speech in the second & third line. 1

Answer the following questions in about 25-30 words each:

29. How does the poet Stephen Spender describe the classroom walls? 2

OR

29. What does Pablo Neruda urge us to keep still through his poem, 'Keeping Quiet'?
30. How has Aunt Jennifer created her tigers and what traits do they reveal? 2

OR

30. In the poem, 'A Thing of Beauty' what makes human beings love life inspite of troubles and sufferings?

Answer the following questions in about 25-30 words:

31. What explanations does the author offer for the children not wearing footwear? 2
32. What had been put up on the bulletin-board? 2
33. What is the misadventure that William Douglas speaks about? 2
34. From where did the peddler get the idea of the world being a rattrap? 2
35. Why was Gandhi involved in a "conflict of duties"? 2

OR

35. What is the example of national integration that the author refers to in "Poets and Pancakes"?

36. Why does Jansie discourage Sophie from having dreams? 2

OR

36. What are some of the positive views on interviews?

Answer the following questions in about 50-60 words:

37. How do geological phenomena help us to know about the history of mankind? 4
38. Sum up in your own words the conversation between the Maharaja and the State astrologer? 4

OR

What does the third level refer to?

39. In what ways does Mr. Lamb inspire Derry to overcome his physical disability? 4

OR

What kind of a person was Evans?
