



Vidya Vikas Mandal's  
Ramacrisna Madeva Salgaocar Higher Secondary School  
Margao Goa

## E-Newsletter

January 2024

### Careers in Credit Cooperative Societies

12<sup>th</sup> January 2024

A talk was organized by the Career Cell in collaboration with Sahakar Bharati Credit Cooperative Society, Margao Goa on 12 January 2024 in the Ganesh Daivajnya auditorium. The Chief guest was Adv. Narendra Sawaikar, NRI commissioner, Government of Goa. Resource person was Dr. Bhushan Bhawe, Principal of Vidhya Prabodhini College of Commerce, Computer and Management, Porvorim. He spoke about various careers for youth in the cooperative sector.



### Mental Health

19<sup>th</sup> January 2024



Red Ribbon club had organized a talk on the topic "Mental Health" on 19th January 2024. Dr.Sneha Pokle ,Consultant Psychiatrist and Ms. Meghna Jadhav , Clinical Psychologist at State Tele MANAS Cell Goa were the key resource persons. They highlighted the importance of mental health and suggested various ways to improve mental health. Around 120 students attended the programme.

**Essay Competition****19th January 2024**

On 19th January, in view of Pariksha Pe Charcha 2024, 08 students participated in an essay writing competition and wrote on "Issues Related to Examination stress."

**Nutritional Deficiency****19th January 2024**

PTA organized a session on Nutritional Deficiency and Health for students of Std.XI on 19<sup>th</sup> January.

The Resource person was Mrs. Melkiza Furtado, Nutritionist, Urban health centre Margao- Goa

**Election Fiesta****19th January 2024**

"Election Fiesta " was held on 19<sup>th</sup> January 2024 by the office of the AERO 39 Sanguem Assembly Constituency. The students participated in the various competitions namely Quiz, Rangoli, Slogan, Short Film & Shout out Loud.



**Mental Health****19<sup>th</sup> January 2024**

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**SAY NO TO TOBACCO****23<sup>rd</sup> January 2024**

Red Ribbon club had organized a talk on the topic "Say No to Tobacco" on 23 rd January 2024. Dr.Akshatha Gadiyar , Assistant Professor , Department of Public Health dentistry, Goa Dental College and Hospital, Bambolim Goa was the resource person. She highlighted the ill effects of tobacco. Around 90 students attended the programme.

**NSS ACTIVITY****24<sup>th</sup> January 2024**

The NSS unit organized a talk on "Occupation Safety at Workplace & Home" on 24/01/2024 for the students of Std: XI. The speakers were Mrs. Shwetal Machado & Mr. Blake da Costa.



**National Voter's Day****25<sup>th</sup> January 2024**

25th January 2024 was observed as The National Voter's Day at Ravindra Bhavan Margao.



Actizen Club conducted 'Civic Duty Awareness' as apart of January activity. The students interviewed Teachers and their family members and got to know the importance of various Civic cards.

**Road Safety****25<sup>th</sup> January 2024**

A session for students of Std.XI was organised on 25<sup>th</sup> January on Road Safety. The Resource persons were Mr.Sahil Sakli, Asst. Sub Inspector and Mr. Ali Nawar, Head Constable, Traffic Cell Margao



**Graphic Designing****27<sup>th</sup> January 2024**

A “Workshop on Graphic Designing using Canva” was conducted on Saturday, 27<sup>th</sup> January 2024, for the students by the department of computer science, Shree Damodar College of Commerce & Economics.

In the first session the students were introduced to the Canva platform and its features to enable them and use “Canva “ effectively for academic and professional purpose.

Second session was practical demonstrations of designing graphics, presentations, social media content using platform with hands-on training on creating visually appealing graphics and designs to enhance the design skills and creativity.

**Farewell for Std.XII****29<sup>th</sup> January 2024**

Student's council had organized the farewell function for students of std XII, 2023-24 on 29<sup>th</sup> January 2024 at 2.30 pm in Hall No 1. An entertainment program was put forth by the students of Std XI for the farewell function.



**Pariksha Pe Charcha**

**29<sup>th</sup> January 2024**

On 29th January, as part of "Pariksha Pe Charcha 2024" our Higher Secondary School students participated in a live interactive broadcast wherein the Hon'ble Prime Minister Shri Narendra Modi addressed school students, teachers and parents across the nation.



**ICT Lab Inauguration**

**29<sup>th</sup> January 2024**

ICT Computer Lab of R. M. Salgaocar Higher Secondary School was inaugurated on Monday, 29<sup>th</sup> January 2024 at the hands of the President of V.V.M. Mr. Nitin Kuncolienkar, PTA President Mr. Sushivrao Lotlikar, Chairman of School Managing Committee Mr. Vinayak Angle, Principal of Shree Damodar



College and Manager of our school, Dr. Mrs. Prita Mallya & Principal of R.M.Salgaocar Higher Sec. School Mrs. Cintia Abranches.



President of VVM, Mr. Nitin Kuncolienkar addressed the gathering and highlighted the importance of IT education in today's world. Principal Mrs. Cintia Abranches thanked the Management and PTA of R.M.S.H.S.S. for their contribution towards the laboratory.

**Public Speaking****30<sup>th</sup> January 2024**

On 30th January 2024, a talk was organised for Std XI students on 'Effective Public Speaking'. The resource persons for the same were JCI Sen Rajesh Rajan and JCI Archana Rajesh Rajan. It was an interactive session, where students were encouraged to come forward and speak. They were advised on professional grooming too.

**Field Trip****31<sup>st</sup> January 2024**

Field visit for Vocational students was organised on 31st January 2024, at SYNTEGON Company, Verna Industrial Estate, as a part of curriculum to provide practical exposure to the industry. 50 students and 11 faculty members visited the company. During the visit students learnt about various customized processing and packaging technology solutions for global pharmaceutical and food industry. They also got the opportunity to explore

various operations, role of quality control, and safety measures being used in the industry.

