



Vidya Vikas Mandal's
Ramacrisna Madeva Salgaocar Higher Secondary School
Margao Goa

E-Newsletter

June 2024

Talk on Substance Abuse and Cyber Crime

20th June 2024

POSH Committee conducted a talk on Substance Abuse and Cyber Crime on 20th June 2024, in Hall NO- 2 Central Block of Damodar College. The topics covered under this committee were Stay Safe, Stay Smart, Navigating, Dangers of Drug Abuse and Cyber Crime by Prof. Peter Borges from Goa University.

NSS ACTIVITIES --Yoga Demonstration and Yoga Lecture

20th June 2024

A talk was organised on the topic "yoga for women Empowerment" on 20th June 2024 at 4.30 pm for girl students in Multipurpose Hall. The Resource person for the session was Mr Vishwanath Swar, Ex-Principal of M.E.S College of Commerce and Arts, Zuarinagar and well-known yoga Instructor. He highlighted the importance of Yoga for women well-being. He also demonstrated various Asanas which can improve women's physical as well as mental health.



International Yoga Day

21st June 2024

The NSS unit of R.M.S Higher Secondary School celebrated International Yoga Day in collaboration with the Sports Department with mass Yoga demonstration classwise on 21st June 2024 from 3.00 pm onwards in the Multipurpose Hall. Students were called class-wise, and Asanas were demonstrated by the students under the guidance of P.E teacher Mr. Durgesh Prabhu Gaonkar.



RED RIBBON CLUB ACTIVITIES**22nd June 2024**

Red Ribbon Club of our Higher Secondary School had organised **Painting Competition** on 22/06/2024 on the topic "**PROTECTING CHILDREN FROM TOBACCO INDUSTRY INTERFERENCE**". Around 30 students from General and Vocational Stream were participated.

**Art Contest Winner- Theme: Saving India's Natural Heritage****26th June 2024**

As a part of the celebration of World Heritage Week from 18th to 24th April 2024, the Cultural Union of our Higher Secondary School conducted an Art Contest for the students of Std. XI & XII. It was held on 26th April 2024 in the school library.

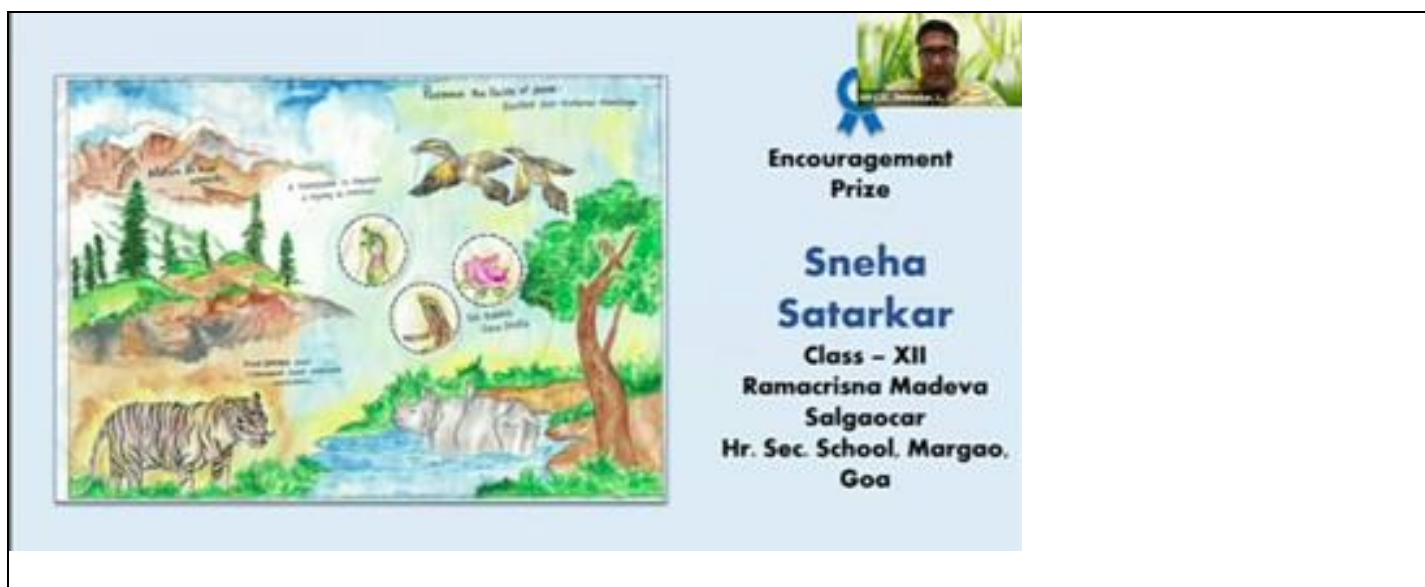
Total number of Fourteen students participated. Our student Miss. Sneha Satarkar from XII D (2023-24 batch) secured Encouragement prize



(Miss. Sneha Satarkar is the third student from right)

The World Heritage Day Art Contest was enthusiastically participated by schools around the country. The artwork competition was run in 60 schools across the country (16 states, 3 UTs) with 775 hard-copy submissions.





Students Council Election

29th June 2024

On Saturday 29th June 2024, the Student Council conducted General Elections of each division in their respective classrooms, for the post of Class Representative, Cultural Representative and Gymkhana Representative. XII-E landed up with a tie of 2 Gymkhana Representatives, who would share their responsibilities for 3 months each.

The 37 elected leaders then proceeded to the Smartclass, to vote from among themselves the General Secretary, Cultural Union Secretary, Gymkhana Secretary of the school. These were Mast Shreyas Rane, Mast Soham Raut, Mast Gatik Nagzarkar respectively.

